



Annual Learning Forum on Mental Health

*For Family Members, Consumers,
Mental Health Professionals and the Community*

**"A Vision of Recovery from
Serious Mental Illness:
Promoting Hope and Opportunity"**

Friday, May 29, 2009
9:00 am - 3:45 pm

Morris County Public Safety Training Academy
*500 West Hanover Avenue
Parsippany, N.J.*

Sponsored By



Morris County Mental Health Substance Abuse Advisory Board

Program and Workshops

9:00 a.m. Registration & Continental Breakfast

9:30 a.m. Welcome and Introduction:

Carmela Lunt, MA, Board President, Community Hope, Inc.

J. Michael Armstrong, MA, MBA, Executive Director, Community Hope, Inc.

9:45 a.m. Keynote Address:

Recovery: The New Paradigm and Implications for People, Programs, & Systems

For most of the past century people with serious mental illnesses were thought to have a disability with increasing disability over time. Families were considered to be the cause of the serious mental illnesses, especially mothers. Yet, most people with serious mental illnesses recover or significantly improve. And, there is no research evidence that families cause serious mental illnesses. Dr. Spaniol will discuss the implications of these two factual statements.

Presenter: LeRoy Spaniol, Ph.D.

11:15 a.m. Break

11:30 a.m. Morning Sessions:

A. Workshop: Recovery Education Program

The Recovery Education Program is a continuing education program that provides courses to enhance the self-directed recovery of people with psychiatric disabilities. It is based on a program developed at Boston University by Dr. Spaniol (www.bu.edu/cpr). People register as students at the Recovery Education Program and are assigned an advisor who guides the students in selection of courses related to their self-determined goals. All tuition, courses, teachers, materials, resources, and support are provided through grant support and/or fees to ensure the successful completion of the courses and the goals of the students. Courses are held at the Cape Cod Community College in Hyannis, MA.

Presenters: LeRoy Spaniol, Ph.D. and Chris Ebel

B. Workshop: Outpatient Commitment: A Good or Bad Idea?

Join us as we explore this divisive issue from research, national and local perspectives, including what OC is, why it's so controversial and whether it has a future (or even a past!) in New Jersey.

Presenter: Ray Deeney, Esq.

12:30 p.m. Lunch

1:30 p.m. Mental Health Players

2:30 p.m. Break

2:45 p.m. Afternoon Sessions:

A. Workshop: Understanding the Role of Others in Recovery

There are many people who contribute, support and encourage individuals in their recovery. Join us as several individuals share their experience with recovery and how others had a positive impact on their recovery.

B. Workshop: What Would a Recovery-Oriented Program Look Like?

Research and practice-based knowledge has grown over the past 30 years concerning what is helpful to recovery and what is not. This information comes from a variety of sources including research, professional practice, family experience, and the recovery experience of people with mental illnesses. Through these complementary perspectives Dr. Spaniol will describe the conditions under which people with psychiatric disabilities change, and, how and which positive or negative internal and external factors influence these changes.

Presenter: LeRoy Spaniol, Ph.D.

3:45 p.m. Wrap-Up: Certificates of Attendance and Program Evaluation

Keynote Speaker

LeRoy Spaniol, Ph.D.

LeRoy Spaniol, Ph.D., retired in 2004 as Senior Director at the Center for Psychiatric Rehabilitation. He holds a doctoral degree in Rehabilitation Counseling from the University of Wisconsin, Madison, and has 41 years of experience in the mental health field as counselor, advocate, program developer, administrator, and educator. Dr. Spaniol was the Founder and Executive Publisher of the Psychiatric Rehabilitation Journal and is currently a Consulting Editor for the Journal. He has taught as an Adjunct Full Professor in the Department of Rehabilitation Counseling at Boston University. He also founded and taught in the Recovery Center, a rehabilitation program for people with psychiatric disabilities at the Center for Psychiatric Rehabilitation. He is currently President of NAMI of Cape Cod and serves on the Affordable Housing Committee for the Town of Wellfleet, MA. Dr. Spaniol has published 18 books and many book chapters and articles about psychiatric rehabilitation, recovery, and families.



Workshop Speakers

Ray Deeney, Esq. has specialized in mental health law for more than 25 years and has taught the subject at Seton Hall Law School for the past ten years. He worked for the New Jersey Division of Mental Health Services and at Greystone Park Psychiatric Hospital on related issues for many years prior to teaching. Mr. Deeney co-authored a published article on outpatient commitment in 2003 and wrote a guide to the criminal justice system in New Jersey last year for NAMI-NJ.

Mental Health Players are a group of trained volunteers who use interactive role-plays to address important issues such as aging, drug and alcohol abuse, family conflicts, workplace issues, and mental illnesses.

Chris Ebel has been a member of the Board of Directors of NAMI Cape Cod for the past 2-1/2 years, joining the board in September of 2006. In serving on the board he has been responsible for the Speakers Program and developing an expanded Outreach Program, as well as providing overall assistance in the growth and development of the local NAMI Affiliate on Cape Cod. This assistance has included the reorganization and upgrading of the local office, proposing and obtaining financing for the partial funding of a new office printer/copier, starting up a Recovery Education Center Program at the Cape Cod Community College based on a similar program at Boston University, and promoting the activities and services of NAMI throughout the local Cape Cod area. Prior to joining the Board, Mr. Ebel first became involved with NAMI on Cape Cod through attending a local support group for family members which he now chairs. Mr. Ebel also attended the NAMI Family-To-Family Education Program. Mr. Ebel has a bachelor of science degree in Ceramic Engineering from Rutgers University and has worked for major corporations in the fields of sales/marketing and new product/business development including PPG Industries, Norton Company, and the Carborundum Company, formerly a division of British Petroleum, as well as the Pennsylvania State University.

The Community Hope Story

For the past twenty-four years, our non-profit organization has provided housing and essential services to young adults and individuals in recovery from a debilitating mental illness. Opened in 2004, our Hope for Veterans Program is the largest transitional housing program in New Jersey for homeless veterans.

Today, Community Hope is home to over three hundred (300) individuals in recovery. Our programs have enabled hundreds to break the cycle of repeated hospitalizations, even homelessness, and we continue to reach more individuals in need.

For more information about the Forum, please call Wendy Huelsenbeck at Community Hope, 973-463-9600, ext. 313, or visit our website at www.communityhope-nj.org.

Registration Form

(please make additional copies as needed)

Please register by May 18, 2009

Name (as it should appear on your certificate): _____

Address: _____

Phone: _____ Email _____

Name (as it should appear on your certificate): _____

Address: _____

Phone: _____ Email _____

Conference fee includes a continental breakfast & box lunch

Please check:

Conference Fee: \$35.00

Vegetarian Meal Preferred

Scholarship Donations enable consumers to attend The Annual Learning Forum.

My scholarship donation is \$ _____

Total Amount Enclosed: \$ _____

Mail Registration and Check payable to:

Community Hope, 199 Pomeroy Road, Parsippany, NJ 07054

Directions to the Morris County Public Safety Training Academy 973-285-2979

From Route 287 Heading South: exit 36; bear right off exit to light; make right onto Ridgedale Avenue; at second light, make a left to Hanover Avenue; proceed through 6 additional lights; after 6th light, the academy is approximately 3 tenths of a mile on right.

From Route 287 Heading North: exit 36-B; cross back over highway and stay to extreme right; at traffic light yield to the right (Ridgedale Avenue); turn left at third traffic light (Hanover Avenue); proceed through 6 additional lights; after 6th light, the academy is located approximately 3 tenths of a mile on right.

From Route 24 Heading West: exit 1-A; at first traffic light make a right onto Hanover Avenue; proceed through 7 additional lights; after 7th light, the academy is located approximately three tenths of a mile on right.

From Garden State Parkway Heading North: exit 142 to Route 78 East to 78 West; to Route 24 West; then follow above from 24W.

From New Jersey Turnpike South: 78 West; to 24 West; then follow above from 24W



Community Hope, Inc.
199 Pomeroy Road
Parsippany, NJ 07054

Nonprofit Org.
U.S. Postage
PAID
Parsippany, NJ
Permit No. 67

Your Invitation to the Annual Forum
"A Vision of Recovery from
Serious Mental Illness:
Promoting Hope and Opportunity"